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Intro



Once upon a time many, many moons ago lived the dragons. They lived where the British Isles are today. Now, these dragons weren't exactly nice. They were mean. Dragons in the past were kind and caring. Yet over time, they lost that awareness.

It may seem strange to us but they love to bicker and quarrel. They loved to be angry. They love to create war. That was their form of excitement.

This went on for thousands of years. You see dragons can live to a dear old age. These dragons caused a lot of discomfort in the countryside in the British Isles. Imagine waking up at 3:00 in the morning and seeing your precious cow taken away by the dragons.

Man would hide all valuables and jewels. The dragons had a sixth sense to find them and steal them.

It was true that dragons loved to hoard their wealth. Unfortunately, they couldn't do anything with them. They just loved to sit in their caves and sit on their wealth.

Greed came upon them. They didn't know how to share. Consequently, there was a lot of fighting against one another. It seems like their life was miserable. There was no contentment in their life. No happiness or kindness. Not even love.

All of the dragons were in the same empty boat. They were like ghosts where nothing could fill them up.

No wonder man was fearful of the dragons. They were horrible beings. They were up to no good. A man had good reason to be wary of them. During the crusades, men had the weapons to start fighting dragons. It was not a glorious time for man and dragons.

Many of the traits the dragons had man embraced. It seems like man and dragons at this point had misery in common. Both of them lost the true direction to find the hidden jewel inside. You can't blame them they never knew it existed inside.

The years went by and the conflict never got better. It just got worse. The dragons were being hunted down and killed one by one. It wasn't a pretty sight.

One day a baby dragon was born during the darkest times. This dragon couldn't relate to anger, war, and greed. All of the dragons thought he was a misfit. All he wanted to do was to have fun. He was extremely intelligent and had a lot of humor. He made other dragons laugh. The elders disapprove of this. When he learned to fly he would go off alone and soar in the sky.

He was free at that moment. Not a care in the world. He loved that feeling. Somehow he knew that the true nature of a dragon is true freedom. He discovered that kindness, love, compassion, and patience were his true nature.

Well, the elder dragons did not like that at all. They told him he had to stop this nonsense. You see the other young dragons liked what they were seeing. They loved how Zoran the young dragon was turning their lives upside down. They thought that war, anger, and stealing were truly the way. Here is a young dragon. Zoran walked on a different path and didn't have a care in the world.

Zoran's father had a huge pile of precious jewels. Yet Zoran wasn't interested in the slightest. He told his Dad "the greatest jewels in the universe lie inside" Well that didn't go over so well. His Dad was furious. He was already furious.

Remember at that time the dragons had quite the temper tantrums. Well, this was placing gasoline on the fire. His Dad exploded. Who do you think you are to say such a thing?

Zoran knew not to say anything. Sometimes it's wise to be silent. All of the other elders talked with one another about this situation. What are we to do with Zoran? He is wreaking havoc with his tribe. They decided to give it a little time to see if anything would change.

Well, it didn't. Zoran was moment by moment learning how to meditate. He was diving deeper than ever inside the infinite ocean within. Now you see these

dragons are scared of water. They are fire dragons. Water will extinguish the fire within. Water will extinguish war, anger, and greed. They thought this was their true nature.

Zoran discovered something the entire dragon world didn't know.

You are the universe.

You just don't know it.

Well, this was the final straw. They held a council meeting and decided to throw him out. He was still young for a dragon. He was a hundred years old. You see dragons can live for thousands of years.

So he was told to leave and never return. He was cast out of his home. But there's another story to this. A few young dragons decided to go secretly along with Zoran on his grand adventure.

Zoran at this time was getting guidance within. One dark and moonless night they flew out of the cave never to return. The rest is history.

Zoran hears the east might be a great place to go. They had high and magnificent mountains far from man and other dragons. Up to that time dragons were extremely rare in the east.

They were quite unknown. So they flew away into the darkness of night. The journey was just starting. They had no idea the steps they were going to take.

Zoran and his friends traveled only during the night. They didn't want other dragons or men to discover them on their flight. When they flew over the lakes, rivers, seas, and oceans they would eat the fish along the way. Fish was extremely plentiful. They discovered it was tastier than cows. Furthermore, they didn't have to be worried about stealing a cow and being captured. Man was slowly learning how to trap the dragons. There were even dragon slayers as a profession. Times have changed.

It took three solid months to arrive at their destination. They landed in the high mountains of Tibet. Far from man and other dragons. It was wintertime. They had to fly in fierce snowstorms and bitter wind. Fortunately, they were fire dragons and could keep warm. A water dragon might have frozen to death.

Zoran and his friends found a beautiful cave to live in. It was huge and had an opening where they could fly in and out. So they set up camp and called it home.

Well, winters last for a long time in Tibet. Especially at high altitudes. You can only have so much external conversation with one another. Zoran taught them how to meditate. It was slow going at first. None of the dragons realize how powerful the mind was.

Zoran simply instructed them to follow their breath. The dragons thought this should be easy. They learned that it was more difficult than learning how to fly. You see even for dragons flying took time and effort. You had to work at it.

They say conquering your mind is the most difficult thing in the universe. Well, the young dragons will completely agree. Since it was winter time they had all the time in their lives. Slowly I mean slowly they took small baby steps along the way.

When winter was over they took to the skies. They loved the external and internal feeling of flying. Wow, I'm free. I'm not bound to anything.

The seasons came and went. Winter has arrived again. They spend their time in meditation. Imagine this went on for hundreds of years. Zoran and his friends were discovering they were the universe. The universe existed inside of them.

They were truly discovering their true nature. They were becoming wise. They knew how to laugh and play. They truly enjoyed each other's company. These dragons lost their old egos from the past.

They became the first master dragon of their time. Mind you for your time. Dragon is eternal. They are timeless.

Zoran and his friends discovered that their true essence was the universe.

Well, one day an incident occurred. While the dragons were flying and having a merry good time some small youngsters saw the dragons in the sky. They got very excited. There heard old folk tails from their ancestors about dragons flying in the sky. As youngsters, they didn't want to worry their parents. Their Mom and Dad are already how too much on their plate. You see they were farmers and herders. Life was tough enough as it was. They didn't need another burden.

These youngsters started to see them flying more often during the spring, summer, and fall. During the winter they never saw them. This went on for many seasons. The youngsters married had children and their children had children. It was now a common sight to see. Yet nobody ever saw them in person. They were like the UFOs was seen today. You see them but never have a close encounter.

One day during spring a group of youngsters went exploring. They saw this huge cave with a large opening. They decided to go in. They weren't scared but were hesitant. Slowly they walked step by step into the cave. To their amazement, they saw Zoran and his friend meditating. It was a sight to behold. They weren't scared at all. In fact, they were so happy and full of love. They had never experienced anything quite like it.

The dragons woke up and saw the children sitting there with their eyes wide open. They couldn't believe what they saw.

Now the dragons didn't speak their language but they had the capability for non-verbal communication. This means without speaking words the children could hear from inside of them what the dragons said.

The children never saw such a thing.

This started a brand new life for the children. They were told don't tell anyone else. Someday when the time is right we will show ourselves to your village.

These children came back day after day. The dragons took them on flying rides which are still being talked about today. Imagine flying on the backs of the dragon. They never experienced such freedom and joy.

The dragons slowly taught them how to meditate. They taught them and showed them that kindness, love, and compassion is the true way to live. They did not preach or try to convince anyone. The dragons were pure and didn't have anything to prove. Yet their essence rubbed off on the youngsters.

Slow over time they embraced these qualities. Mind you this was a time in Tibet and China where war was all around. The same problems that existed in the West existed in the East.

Generation after generation the youngsters migrated to the dragons. The parents and Grandparents knew what was going on. They have spent precious time with the dragons and took that wisdom into their daily life. You see a spiritual path is the most practical path.

These small villagers were becoming wise. One was a young boy named Confucius. He was seeing his transformation from the dragons and put them truly into practice. He discovered a system that is still in practice in China today. All his wisdom came from spending time with the dragons. He then carried on his journey in life and we have a great tradition.

One of the earliest students was Lao Tzu. He was truly a man of nature. He spent a considered amount of time with the dragons. Even at a young age, he was wise beyond his time. Even the dragons were amazed at his knowledge and wisdom. At times it seemed that his wisdom was beyond theirs. Mind you these dragons were thousands of years old. Lao Tzu was only around ten years old. Needless to say, there was great friendship and understanding with each other. At that time China and Tibet couldn't understand the simplicity of Lao Tzu and the dragons.

Lao Tsu didn't care about politics and worldly affairs. He hardly ever went to cities. They were a complete distraction. Man wasn't open to wisdom or knowledge at this time.

So Lao Tsu spent a lot of time with the dragons and nature. You see Lao Tzu could see the unity of all life.

There is a story that when Lao Tzu was going to leave this world a small group approached high in the mountains. They begged for some insight and wisdom.

Today we have the Tao Te chings. One of the greatest books today. Lao Tsu went with some dragons and never returned. His wisdom is still alive today.

Today dragons are revered all around the East. Wherever you go in China you will see dragons as flags or statues. Their wisdom is still alive today.

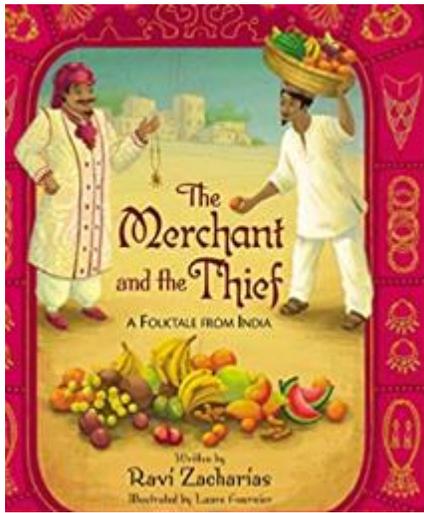
Unfortunately in the West not much has changed. Dragons are still something to be fearful of. Stories are still being told of dragons hoarding wealth. Dragonslayers were the savior of mankind.

Isn't it amazing the times haven't changed much? We still are angry. We still think that wars can solve our issues.

Maybe, just maybe we can learn from the dragons.

Our true nature is the universe. The new dawning of man is here.

The Jeweler And The Thief



Well, let's continue with this incredible story. The dragons when they first saw the youngsters entering the cave many moons ago weren't interested in the slightest in training man.

You see man was one of their major troubles. There was even a dragon slayer profession in the British Isles. Yet at the same time, they could see the potential in these youngsters they were more evolved than them when they were young.

Back then the dragons didn't even have a glimmer of light. So they had an internal discussion amongst themselves. "Do you think we can train them"? Do you think they can change?

You see even in China and Tibet war ruled the land. Anger was the norm. Mind you these youngsters had a combination of light and darkness. They could see both sides of the coin. So the dragons decided to train them.

Now their training wasn't like today. Today children in schools are bored. They are taught to use just memory. They are taught to remember facts. They are not taught to use your mind and think.

The dragons are experts in this field. They are the master's wizards of Hogworth today. They are thousands of years ahead in development.

Hogwarts teachers would be in nursery school. The dragons would have an advanced Ph.D. study in the universe. They were off the charts.

The dragons had a unique style of teaching. You could say it was revolutionary today. They taught by using games, play, and fireside chats.

The very first game they taught was hide and seek. This was a very practical game. They had a series of talks about the universe. They were taught that the universe

existed inside of them. Well, to be frank, that was completely over their heads. They couldn't even understand one word.

So the dragons played a game of hiding and seek. The dragons would hide. The youngsters closed their eyes and counted to 10. 1 2 3 4 5 6 7 8 9 10. Ready or not here we come. They would open their eyes and all the dragons were gone. The dragons had rules they couldn't leave the cave.

All of the kids were completely shocked when they open their eyes. All the dragons disappeared. They all gasped in surprise. As you know dragons are quite large. They weigh thousands of pounds. This game went on for around six months or so.

Finally, at one fireside chat, the dragons told this practical story.

Imagine two young men walking down the road. They were headed to a town five days from their current destination. One of the men was a jeweler. The other man was a thief. The thief knew this man had a very precious jewel that he was carrying.

As I said both of them were going to the same town. They decided to travel together. They had a long journey ahead of them. Hours passed. They were quite tired and exhausted. Fortunately, there was a simple inn ahead of them.

They both decided to spend the night there and share a room. Both of them decided to have dinner together. The jeweler went first and a few minutes later the thief joined him while the jeweler was holding a table for them the thief was looking all over for the precious jewel.

He was quite dumbfounded. He was the greatest thief in the land. They had dinner and went to bed immediately. They weren't in the mood to drink the ale and party into the night.

Well, guess what? This went on for several days. Finally, they reach their destination.

By then the thief was confused. He thought this was going to be an easy steal. He said to the jeweler I'm a thief. As a matter of fact, I'm a king of thieves.

I knew you were carrying a precious jewel. Every night I knew you hide the jewel inside of the room. Every night I would search all over for it. I got quite frustrated when I couldn't find it. Where did you put it? I'm dying for an answer.

The jeweler said I knew you were a thief. I knew you wanted to steal the jewel. Each night I would hide it in a place you would never look. The thief said and where is that? The jeweler said under your own pillow. I thief knew he was outwitted and outsmarted.

Well, the kids loved this story. They were well acquainted with thieves and jewelers. They went through their town quite frequently.

The dragons said let's play a game of hide and seek again. This time focus on your breath.

Close your eyes. To their amazement, the dragons appeared inside of them. They couldn't believe it. How could all the dragons appear to the kids? This was the starting point of their incredible adventures.

Now when they played hide and seek they knew where to look. A single but necessary step took place. They knew this was both an inward and outward journey. The youngsters were thrilled.

Each time they play the game the youngsters knew where to look. They love to play this game. All the first-time students had to go through the same baby steps the others went through. You see this path is two steps forward and one step backward. You learn from your progress and your mistakes. Never give up.

Planting The Seeds



The dragons have a master plan. They know you need a solid foundation to build one. Baby steps are needed on this journey.

At first, the youngsters had to learn how to focus inside and meditate. If they didn't learn that at even a simple level the youngsters would pay all attention to the outside world.

This is why they had to play hide and seek over and over again until it became a habit. It became second nature.

They learned over time that God and the universe exist within.

One another game the dragons used was the game peekaboo. The dragons had their style in this game. The child would close their eyes and say peek a boo and the dragons would instantaneously be appearing inside of them.

The children would laugh so hard each time they did this. They never got tired of this. Even when they got older they still got a big kick out of this game.

This taught the child that the dragon world exists within. You are never alone. This helped the child in daily life.

You see their life was rough. Most of them never had the opportunity to go to school. Even at a young age, they had to work in the fields. It was tough and demanding.

The dragons understood the laws of the universe. They understood that the kids learned that if you plant a seed in the ground there is a process.

A seed doesn't grow overnight. The crop must be tended to. You must pull your weeds. If you don't the weeds will overtake your precious crop. You had to toil the soil and water it. It took a tremendous amount of energy.

Well, the kids had no problem understanding those principles. The dragons then explaining you have an inner garden that must be attended to.

You must pull your inner weeds of anger, war, greed, hate, and intolerance. You must learn how to pull the weeds of bullying.

You see that was a major problem in China and Tibet. It is still rampant in the west.

The dragons were probably the best psychologist in the world. They understood the mind to such a great extent. They truly knew the ways to develop a healthy and positive mind.

They understood that the universe is kind. The universe is patient. The universe is love and compassion. The universe is tolerant.

You see you are the universe. You just don't know it. The youngsters never heard of such a thing.

They only used to see war, bickering, and anger. Sure at times, they experience a little happiness. But they never knew that they could change their emotional state.

They didn't have to be angry and bully other people around.

The kids learned how to truly transform themselves. The dragons taught them how to hesitate before they speak. They taught them to be conscious of what they spoke.

They were taught if something is negative don't say it. They understood it was placing more wood on the fire.

The dragons knew about bullying. Remember they were bullied throughout their lives. Remember that was one reason they left.

There was this innocent girl named Pema. Pema's name means lotus. She was like a lotus very pure. Because she was pure and innocent the boys loved to taunt her and bully her. She constantly had to endure this.

The dragons were quite aware of her pain. Anyway, to make a long story short they came up with a master plan. The next time the boys tried to bully her the dragons would come to her rescue and roar. I'm mean roar. It could be heard all over the valley. The bullies would run away in fear.

Pema was so kind she would console the bullies and they would become best of friends. One by one the bullies were transformed. They become students with dragons and were transformed.

It was kind of funny that modern-day psychology didn't embrace positive mental health until the 1980s. They only taught about the ailments of the mind.

The east has been teaching and learning for thousands of years. There was even a rumor that Buddha learned from the dragons. He got his learning from the inner dimensions.

Buddha was considered the first psychologist of his time. He understood the mechanics of the mind which are still in play today.

Stop The Noise In Your Head



As the children began to learn how to meditate they saw how powerful the mind is. They never noticed that before.

They asked the dragons how to stop the noise in my head. Of course, all the dragons laughed. ‘

They laughed because everyone goes through this. You see the mind is the most different thing to control in the universe. The majority of man reacts to every situation. Man is reactive.

The wise man learns to be proactive. They understood the basic law it’s by will alone that I set my mind in motion. Now that’s very easy to say but hard to do. All people who learn how to meditate in the beginning have this problem.

In the east, they call it the monkey mind. The monkey goes from one branch to another. It can’t be controlled. Well, when they first started to learn how to mediate they saw this from first-hand experience.

The dragons told a wonderful story each time this subject was brought up. They told a story where a man saves a genie. Nobody knows exactly how this man saved him.

Well, the genie told this man you can have as many wishes as you want. The man said wow that’s incredible. I love that idea. The genie said well there’s a catch. The man said, “what’s that”. You must always give one wish after another.

If you don’t I will chop off your head with my sword. Are you sure you want to continue with this? The man hesitates for a moment and says reluctantly sure.

Well, the genie said what's your first wish. The man gives one wish after another. It seems like when one wish is granted he had to give another.

He didn’t have one opportunity to enjoy even for a second the previous wish. He was getting tired and couldn’t even go to sleep. The genie was always harassing him and saying “what's your next wish”?

Well, fortunately, there was a wise man nearby. He went to the wise man and sincerely asked for help. This boon was turning into a curse. The wise man whispered into his ear.

Well, the genie demanded another wish or he will chop off his head. The young man said to go to the forest and find a huge log. Your wish is my command. In a second he returns with a huge log.

The genie said with a smile give me a wish or I will chop off your head. As you can see the genie wasn't particularly nice. Well, the young man told the genie to go up and down the pole.

When I need you I will give you another command. The young man could relax and enjoy all the wishes he gave to this genie.

The genie knew he was outsmarted by the wise man. The young boy enjoyed his life and helped others in the community. He eventually learned about the dragons and helped tremendously his fellow man.

The dragons said that the genie is the mind. The mind wants to control you versus the other way around. By placing your mind on your breath the genie will go up and down the log and set you free.

Meditation is the key to bringing awareness to your mind. Your mind is either your friend or foe.

Everyone in the universe has to learn how to control their mind.

The Frog in The Well



You are the universe. You just don't know it. This is the central theme of the Dragons. They reached a growth of awareness where they become the sun, moon, and stars and were walking around in dragon bodies.

They realized they were eternal. They were beyond time and space.

The dragons also knew that humans had the same capability. They were curious about that. The dragons knew that man came from the stars. They were stardust. Yet the village around them and Tibet and China at that time had no idea of who they truly are.

The dragons were once in the same state of awareness as the humans. They were angry, hateful, warring, and full of greed. Yet over time, they realized their potential.

They needed a story that would reflect how large they felt yet how small in reality they live in. So here goes the story.

Once upon a time, a frog lived in a well. This frog thought he was a know it all. This frog thought the water in my well is the largest in the world. This was, in fact, quite a large well.

The villagers used it for the community. Anyway, this frog bragged a lot and told all the people who were strangers to the well how vast the water is in the well.

One day a stranger came who lived near the ocean. The frog came up to the stranger and said: "the water in my well is far grander than any water in the well".

The stranger said "Well according to my experience the water in your well is probably one of the smallest I have ever seen.

Well, a fight ensued with the war of words. It was going out of control. Both sides were putting wood on the fire.

Finally, they both calmed down. All the villagers came and wondered what was going on. It was quite the scene.

Well, the villagers and frog said to the man “Can you prove it”. “Can you show us a place where water is larger than our well”?

So to make a long story short a small group of villagers and the frog traveled to the ocean. They couldn’t believe what they saw. An endless body of water is everywhere.

They were dumbfounded. Never in their world did they see such a precious sight. The stranger laughed and said, “now this is a large body of water”. The villagers and frog couldn't agree more. Their well wasn’t even a drop of water compared to the ocean.

The dragons told this story to the youngsters. They reminded the kids of playing hide and seek and peek-a-boo. T

he dragons would appear to them inside. Well, the dragons said that is the frog in the well. That is the starting point in your incredible journey in life.

Inside of you lies the infinite ocean of love. You have the potential to tap into this. In fact, you are this ocean.

This is your true nature. You should see how wide the eyes opened from the children. They were completely mesmerized by the story. These weren’t just some mumbo-jumbo words The dragons were talking about their own experience.

They were telling the kids that they could ultimately have the same experience. It’s a moment-by-moment conscious journey. Baby steps are taken along the way.

Zoran And Friends



I drew these characters from family and friends that I have. Each one of these has the characteristic of what is being portrayed.

Let's step back and see the major characters in the story. We know about Zoran. Zoran was the major reason why some of the dragons left with him. Zoran didn't have a choice. He was booted out. That was the first time in history that a dragon got booted out.

There were Little Johnny and Ricky. They both left with Zoran and never turned back. They were both highly evolved and full of wisdom. They mostly keep to themselves. To be honest they had a hard time relating to the Dragon culture. At times, they felt they were strangers in a strange land.

They were both twins. Both of them knew that they came from the stars. They love to fly at night together and gaze at the stars. They especially loved to stare at the Pleiades and Orion constellations. Somehow, they felt a deep connection to the seven sisters.

They both knew that the Pleiades went through major shifts millions of years ago. They started like dragons with anger, war, and greed. It took over a million years for the civilization to transform, and when it did it became a civilization with the stars. No words can describe that.

Barbara was another incredible dragon. She was also very pure. Her mind was extremely developed. She would be considered a genius today. She thought out of the box. Many of the dragons thought she was a stranger.

She didn't belong in the dragon world. She had a heart of gold. Barbara was beautiful. She was golden. If you had eyes to see you would see light shining from within.

Only a few dragons could see her true nature and rays of light. Most of the dragons didn't have eyes to see. Barbara was a trailblazer. She saw trails that were never walked on before.

There was another trailblazer Makara. Makara was a female dragon. She was highly developed and psychic. Yet she had tremendous love and compassion. You see not all dragons were mean.

But she was a misfit. Dragons couldn't understand her. One of the dark will never understand the light. Makara and Barbara were best friends. They talked about the time they created light grid systems millions of years before the universe was even got created.

Einstein would have loved them, Of course, the rest of the dragon community couldn't relate to them Both of them would have been considered nerds today. Their knowledge and wisdom level was a thousand times more than a person with a Ph.D. today.

Kathy was another female dragon. She was quite colorful. She had colors pink, orange, and red. She was extremely funny. She also knew how to put wood on the fire. She was like a rebel today.

She was definitely non-conforming to the dragon's world. An interesting fact while living in Hawaii my wife and I meet Kathy. She had dragon tattoos all over her body. She also told my wife in a conversation that she came from the dragon world. Her husband drove a Charlie(motorcycle). Our society would say she was a rebel. She also had a heart of gold.

Shay was a male dragon. Little Ricky and Makara were his friends. Shay served in the warring factions of the dragons. He was quite fierce. You didn't want to face him in battle.

Despite this Shay had a yearning for the unknown. He was one of the first to learn how to meditate from Zoran. He couldn't tell anyone. Nobody back then even knew what meditation was.

If it was different and not the norm the best idea was to shut up and not say a thing. Some things never change. Shay was another dragon who yearn for the stars. Both Zoran and Shay loved to fly at night and gaze at the stars. Both of them knew they came from the stars.

They knew there was Stardust. It was quite odd but both of them had an affinity for the Pleiades. At this time, hardly any dragons would look to the stars. They were too busy hoarding and fighting for gold.

David was another inquisitive dragon. He had a highly developed spiritual and scientific mind. He was highly evolved for a dragon. He somehow knew about the laws of the universe. It became second nature to him.

He had visions of creating pyramids long before his time. He was developing a new system of medicine for thousands of years before helping man discover it. You see David helped in bringing Tai Chi, Chi Gong, the healing art, and acupuncture.

He invented moxa. If the dragons got injured in battle he would put herbs on the wounds and lite them on fire using his fiery breath. Thousands of years later he would introduce these healing systems to man.

Hanalee was another female dragon. She and little Johnny became great friends. Later in life they even became mates. There was a famous folk song in the sixties that talked about Puff the magic dragon. They are mentioned in the land of Hanalee. Hannalee became a famous dragon and was well-known throughout the land.

Two other dragons came along on this incredible journey. Aleia and Leilani. They were both stepsisters.

Aleia(of God) had a heart of gold. She stood up for others and stopped the bullying when she said it. She called a spade a spade. She wouldn't allow it. Of course, the boy dragons were shocked.

This beautiful young female dragon spoke with so much force and authority the boys stopped in their tracks and sheepishly walked away. Over time the boys stopped their bullying. The lessons were learned.

Aleia became a great teacher for both the dragons and man. She lived for thousands of years. Aleia was enlightened at quite a young age. She is still known throughout China and Tibet yet she is known by another name.

Leilani was just four years older than Aleia. She had the same kind of nature. She also stood up for the less unfortunate. She believed in the unity of the dragons. She knew that anger, war, and greed were tearing the dragon world apart.

At a young age, she also yearned for the stars. She knew she was stardust. She knew that the universe existed inside. At the point in time, she couldn't prove it,

but she had the intuition. Leilani also became famous throughout China and Tibet. Her name means heavenly flower.

Flying With Dragons



It's a known fact that all dragons love to fly. Even mean dragons. Flying and dragons go together. Yes, dragons spend a tremendous amount of time in a cave. Yet they were born to fly. Isn't it amazing they weigh thousands of pounds yet they fly with so much grace?

Flying is part of their nature. They are like modern-day surfers today. Both of them capture the true feeling of freedom and being alive. Zoran and the other dragons loved to fly in Tibet and China. They loved to soar over the high Himalayan Mountains. It was cold but refreshing to them. At times, they would go out on a moonless night at midnight. They would get mesmerized by the stars twinkling in the night sky.

The nighttime was the safest time to fly. They still had memories of dragons being captured and killed during the daytime hours.

The dragons loved to soar high above and then swoop down going as fast as they can. At some point, they would then change direction. If they didn't you know and the dragons know what would happen. They love the feeling of being on the edge of life and death. Sounds like big wave riders today.

At some point in the early days, the youngsters would beg Little Ricky and Little Johnny for a ride. You see they were experts at flying. They would have gotten gold medals if they had a sports competition today. They were kind of reluctant at first. They didn't want to be responsible for hurting or killing anyone. But they decided to go ahead and try. They at first just gave simple joy rides. Somehow a saddle was designed. Thanks to David the dragon. He always had something practical that he conceived from his mind.

Dorje(the thunderbolt was the first one to fly with Little Ricky. Jampa was on Little Johnny's back. Jampa was a girl and Dorje was a girl. Both of them couldn't believe that they were chosen. In fact, behind the scenes, straws were chosen for each child. The dragons didn't know to choose on the maiden voyage.

Well, it was a dark and moonless night. It was perfect conditions to take the Dorje and Jampa for a ride. Well, Little Ricky and little Johnny walked to the entrance of the cave. All the other dragons and children followed them to the entrance.

Everyone was so excited. It was summertime and it was a perfect night to fly. Johnny and Ricky looked at each other and both winked. Immediately they took off and flew high into the sky. It was a sight to behold. All the children were laughing and giggling with delight. All the other dragons were so happy. Finally, the youngsters could experience such great freedom.

This starts the grand adventure of youngsters and dragons flying together. Zoran used this as a teaching tool. He asked the youngsters after they got back “so how does it feel”? Each time the youngsters said it was freedom. I felt completely free. Zoran would see that that feeling came from inside of you. Flying triggered that feeling. You can have that feeling even when you are toiling the soil in the fields. Slowly I mean slowly they would have a complete understanding of what he was saying.

Zoran loved to use practical experiences to convey his message. He felt that laughter is the best medicine in life. Laugh at your problems. They may not disappear but at least they won't bother you. Laughter is the key to life. When little Ricky and little Johnny lived in the British Isles at times Little Ricky would get irritated by small things. His twin brother would start to laugh.

Of course, this made little Ricky more irritated. At some point in time, something snapped inside of little Ricky and he would start laughing. Little Ricky wondered why he got irritated in the first place. Even back then they were trying to be aware and conscious moment by moment.

These flying adventures took place for thousands of years. The feelings never changed. Man and dragons were meant to fly together. This was the golden age of man and dragons.

Dragon History And Tummo



Everyone knows that fire dragons breathe fire. Of course, we all do. When they get really angry they can incinerate anyone around them. Just ask the poor citizens in England who felt their wrath.

Even in the beginnings of Shamballa, the young and innocent dragons had anger problems. They would all at times blow up and get angry. Even after years of meditation, this serious problem occurred.

Yet they stumbled upon chance or was it a chance a different more subtle fire within them? They happened to stumble upon tummo the fire of life. Slowly I mean slowly this ancient wisdom was absorbed by them.

They discover the chakra systems and the channels within. They discover nadis which are like thousands of rivers running in the body.

Mind you in the course body these can't be seen therefore most people laugh and snicker when they hear such a thing. This process took around 5,000 years even before the first young Tibetans arrived.

It took around 1000 years for the Tibetans and the Indians to implement both their teaching and the dragon's teachings. Both of the systems were almost identical. They understood there was a course body and a subtle body.

They also understood there is a very subtle body that is infinite, beyond time and space. They would call this the Buddha body. Furthermore, they discovered the Buddha's mind.

Austrian physicist Erwin Schrödinger is known for this phrase. The total number of minds in the universe is one. Consciousness is a singularity phasing within all beings. "There is one universal mind or Buddha mind.

These stages take place every night and bring you back to the source. Mystics and Yogis have been practicing this for thousands of years.

Slowly over time, this tummo system was developed. The Tibetan Buddhists have a comprehensive system of using Tummo. They may be different and have their nuances yet the result is the same.

This lineage has been carried on to today. Tummo is the foundation of their practice. Most people never discover the fire within and lead an ordinary life.

The wise man kindles the fire within and makes a bonfire. The fire then destroys all negative obstacles over time. This is just the tip of the iceberg. This system can be quite complicated, yet Glen Mulan keeps it quite simple to use and understand.

David The Dragon



Hi, I'm David the dragon. I'm best of friends with Little Ricky. You have read about me in this story. I'm over five thousand years old. I still feel young at heart. You see I take care of myself. Where I come from the British Isles the dragons didn't have any common sense. You could say common sense is uncommon.

Where I came from the dragons didn't exercise or eat good foods. They partied throughout the night. To be frank they had no clue about universal laws. They were only interested in acquiring stolen treasure and fighting. Boy, what kind of existence is that?

When we flew from the west to the east our entire lifestyle changed for the better. We started to take a look at how to make a better life for the dragons. As you see only young dragons came with us. They were stuck in their old ways. Quite frankly they had no desire to change. They liked misery.

Well, we decided to have a grand adventure. We learned how to meditate from Zoran and the rest is history.

We learned very young that life is an external and internal adventure. Bet you nobody told you that.

We came to a point where we could see energy all around us and in us. If there was a block over time disease could take place.

You see in the bodies of humans and dragons lie a vast number of rivers and streams. In a healthy body, these rivers and streams are flowing properly.

But the more ones live a life out of balance these rivers and streams get clogged up and don't flow properly. The water over time becomes stagnate and mosquitos can fester. This is where disease manifest.

Here's an example of anger. When a person is always angry this blocks the rivers and streams inside of the body. Over time the body becomes angry and can fight against itself. You call this cancer. Cancer is angry cells.

We discovered a long time ago that by using needles at certain points on the body we can begin to unblock the rivers and streams.

Yet the acupuncturist can help to unblock these dams yet it is up to you to change, modify and learn how to be healthy.

In the West, you go to a doctor and take the medicine. Your symptoms go away. Your drugs have side effects. The patient takes no responsibility. No wonder your system is messed up.

A wise person begins to listen within and change accordingly. This person realizes that proper rest is the key. In the west sleep and rest is sort of a nuisance. They don't have an understanding of how important it is. For the body to heal and repair it needs rest. Period.

We live such a fast past life we have forgotten why we need sleep and rest in the first place.

The acupuncturist during this time had an easy job. He knew how to break the dam and let the water flow properly. He might give some healing herbs to the child.

The child understood completely that the acupuncturist could only assist so far in the process. She knew that it was up to her to follow through and live day by day the natural laws of life.

You see their culture was understanding and practicing every moment of these natural laws.

Unfortunately, in the world, today man has lost touch with his true nature. Consequently, the disease is quite common.

Our herbs that are given out are organic and have no side effects. They are extremely beneficial in helping the body balance. Your western medicine has extreme side effects and can cause death. Listen to the commercials today and you will hear a lovely voice telling all the side effects the drugs have.

They are concerned to make a profit. That is the bottom line.

Now kids listen to this story. Only your generation can change this wacky system. You can look at different and natural ways.

You see chemicals are the least effective ways of healing. Your scientists know about energy but at the present moment, only a few doctors are researching the power of energy. This is where acupuncture comes in. In the future, there will be mymarid of different discoveries and inventions.

The more a society becomes aware the more discoveries can occur. You see only in an open society can change occur for the better. These discoveries can be used for good or they can be a complete disaster.

The nuclear bomb is a prime example. The genie got loose and now the world is trying to find out how to reign in the genie.

You see your world has a lot to learn. Imagine most of the world is looking externally. But the jewel lies within. You need a balance between the external and internal.

Millions are people are waking up to this fact. At a certain point in time when humanity truly understands this your inventions will be so-called a miracle in life. They aren't miracles in life but your understanding is at a different level.

Your cell phone would be considered a gift from God five hundred years ago. I bet each one of you kids knows how to operate one. You have no problem with that.

In the same way, the more you understand the laws of the universe more incredible inventions will come your way.

Nature wants to give her incredible gifts but you have to be in synch to receive them. Anger, war, and greed will never be the way to discover these gifts.

For thousands of years, war is not the answer. It has never solved anything and never will.

Only the kids can truly change for the better. Hopefully, you will listen to this story and remember your generation can change for the better. The seeds have been planted many millions of years ago.

You can be the fruit that can change this world.

You are never alone. Someday you will realize this. You will see that all of humanity and the dragons are in the same boat together.

You are the universe. You just don't know it.

Charlie The Dragon



I wrote this for my dear friend Charlie. He has been sick for a while. He is still alive today. I wrote this to cheer him up. We have been great friends yet I haven't seen him for over thirty years.

Charlie came in contact with the dragons here 5,000 years later. Much to say our simple cave transformed quite dramatically in 5,000 years. Our simple cave was a vast underground city where around 2 million people were living here. It was the golden age of man and dragons. Our city name was Shambala.

Most have changed. Our way of life was so far more advanced than anything has been seen on earth. War was thousands of years behind us. It was a faint memory in time.

Charlie was an incredible dragon trader. He had hundreds of dragons moving exotic fruits all around the world. He studied for years with a master dragon teacher who taught him how to meditate and be one with the universe.

Both little Ricky and little Jonny became friends immediately as they met him. Charlie came from South America from the land of Peru. Both of them were on the same wavelength in life. They shared a common bond that could never be broken.

Charlie was trading the following fruits Chirimoya, Mangos, Pitahaya. Dragon Fruit, Guava, and Papaya. Both little Johnny nor little Ricky ever tasted anything so delicious. It became an instant hit in Shambala. Everyone was talking about it.

Charlie and the twin dragons loved to fly together and meditate. Charlie knew how to fly like he was on a super roller coaster. He knew how to use g-forces to do incredible maneuvers like the upside-down loops you see in roller coasters today. He had a Latin flair to him.

Charlie came and traded with us about two times a year. He had busy trade routes he established. Charlie started the Silk Road trade route years ago and by

chance discovered a conversation about the hidden city of Shambala. Most of China and Tibet hear about our hidden city but thought it was a myth.

Charlie loved adventure. He wasn't only a business dragon. He was incredible with the arts and music. He told me about one adventure that left my brother and me quite memorized. You see in Peru youngsters (humans) loved to ride the ocean waves much like dragons fly in the sky.



He discovered a place in Chicama a small sleeping fishing village. Here along the beach was a vast point where you could see 10 waves breaking in the distance. The waves would follow the coastline for a mile. It was the longest wave in the world. Charlie was friends with most of the surfers. They were the

farmers that grow the exotic fruit.

The surfers taught Charlie how to body surf. On huge days Charlie would swoop down from the sky and gather so much speed he could easily catch any wave. He invented modern-day jet-skiing years ahead of his time. Charlie would ride this wave for miles laughing and giggling the entire time. All the surfers would clap their hands in delight.

Charlie brought little Ricky and little Johnny to Chicama. Remember they were both around five thousand years old. But they were young at heart. Little Ricky and Little Johnny spent the entire day catching one wave after another. They would always say just one more and we will call it quits for the day.

The surfers provided a feast in honor of the twins coming to their county. Now Little Ricky loves to try anything different. The surfers provided a feast that dragons and men are still talking about today. Little Ricky still remembers it.

Charlie introduced the twins to the hidden dragon community. The dragons and man never fought with each other. They became friends from the beginning of time. Both of their cultures respected Mother Earth(Gaia).

At the time both man and dragons would hold sacred ceremonies, and prayers, and meditate together. They realized the connection between the earth and the stars. You see they knew they were stardust. They came from the stars.

Meditation was the doorway to the universe within.

Charlie took little Ricky and little Johnny on a tour of the Americas. They saw vast civilizations in Guatemala and Mexico. They saw great pyramids all over the place. You see David had the vision of the dragon become a reality all over the world.

Charlie took them to Florida where life was so simple. The Indians loved the dragons visiting them. They went to Malibu where the Chumash Indians lived. They taught the Indians how to surf the long waves during the summertime.

The native would love to watch the dragons riding the waves. You see they only fished along the shore. This became a hit with the young locals. People are still talking about it today.

At some point in time, Charlie moved to Canada a city called Toronto. He settled down, married, and had children. Everyone loved Charlie. He gave life to the party. He loved his children and wife. Of course, he had many friends. Boy did he have stories to tell? He could probably talk for the rest of his life about his incredible journey around the world.

By this time Charlie became one with the sun, moon, and stars. He was still in a dragon body. You could say he was enlightened. He discovered his true nature. You see there is a point where you just simply shine. Charlie just smiled and

From Darkness To Light



This journey begins with small baby steps. Two steps forward one step backward. You see we learn from our mistakes and grow. Every step we take we can learn from it.

At this moment in time, the Dragons have trained around 6 to 7 generations. All of the villagers have been trained by the dragons. All the villagers lived a peaceful life. They understood and were aware of the laws of the universe.

Unfortunately, the country was about to go to war. Not only that but there was a huge drought. If that wasn't bad enough every male was going to be drafted whether they liked it or not.

The dragons and the elders held some meetings and pondered what to do. They decided that the entire village was to move into the cave with the dragons.

The dragons never truly investigated how large the cave was. Well, you know kids. They love to go to off-limits places. You tell them not to go there and that's the first place they will go to.

They discovered that this cave was huge, I mean enormous. It went on for miles. There were huge underground rivers and vast lakes. Millions of people could live there.

So the villagers moved in. They found a great place by a huge lake to call home. David the scientist dragon found a way to flood sunlight in the sky during the daylight hours. They had fire. Every fire dragon can create fire from its breath.

Slowly I mean slowly dragons and man learned how to live in harmony together. All of the villagers will continue their training. Now many of the teachers will be the villagers themselves.

They had daily and weekly meetings to talk about how to improve their quality of life. You see everyone knew that they were all in the same boat together. No longer did greed exist.

If there were any disagreements both sides would love to work things out. You see through the generations they learned to be highly evolved and mature human beings. Today we are still in the kindergarten phase. Take a look at politics in America. Need I say more?

For example, most of the houses were created out of wood. In Tibet wood is a scarce commodity. They needed to conserve with it and use it wisely. They came up with a plan to only use wood if the tree has fallen on the ground.

Once again David had a series of meetings to talk about a new way to build houses. They had a series of meetings and in six months, they built a prototype. When it was revealed the dragons and man were speechless.

The house was built using hemp. Hemp is grown nationwide in Tibet. It is super strong. It is one of nature's strongest materials. The dragons knew had to communicate with mother earth.

She gave guidance on how to provide natural electricity to each house. This was free. Each house will be off the grid and at the same time capture electricity directly from the earth.

Each house would have a bathroom with running water. There were a shower and a bath. Also, there was a toilet. This toilet was highly advanced. It would take the urine and convert it to potassium for fertilizers. The waste would then be transformed into fertilizers also.

All the wastewater would flow through underground tunnels to a place where it would go through a process of converting the runoff water back to a pure state. Mother earth told them the necessary steps to take place.

One by one the entire village worked on building the houses. The entire village helped in the process.

It took five long years. But they accomplish it. All of them gained such wisdom. They figured out how to farm inside using techniques that Mother earth told them to use. What better advice to get directions from?

At first, they only had seeds from Tibet and China. In the vast future, they would have seeds from all around the world. They had the perfect climate to grow anything.

They wouldn't have ever dreamed to use pesticides like we have today. You see money wasn't the driving product so you could give a man an inferior product. That was never in their consciousness.

Day by day they made improvements in all areas of life. They planned for the future. They saw that someday millions of people would live here. They planned according. They made sure that future generations would be safe and secure.

Each dragon and man were responsible for thinking outside of the box. Daily in their meditation, they would get insight and guidance. You see inside each of us lies the universe. You are the universe you just don't know it became a common experience for everyone.

The Golden Rule



The main motto for the dragon world was as follows. Do not impose on others what you do not wish for yourself. In the Bible, it is written “do unto others as you would have them do unto you” They both mean the same thing.

Kindness was the name of the game. The world needs kindness. Confucius was a young boy when he started learning from dragons.

He was an exceptional student and became a great teacher to man. He studied for around 10 years and then was sent to China to bring greater wisdom to all walks of life.

The golden rule was the foundation of his teachings. Today many people know him by “Confucius says” but he was far more than that. He knew the laws of the universe and tried to convey them to man.

He was one of the first Chinese to directly talk and teach ethics to people of all sorts of life. He even held political posts where his message could be heard. Confucianism is very much alive today in China. Mind you this was 600 hundred years before Christ.

Confucius introduced many people to the dragons teaching. He didn't use the dragons as a reference point. People weren't ready for that. Yet he gave many blessings to thousands of people to live and study with the dragons.

They got a precious letter introducing them to the Dragons. Confucius signed the letter so the dragons and man knew that Confucius endorsed the student.

Also, Confucius would help people who lost their homes in times of war. China was struggling. Chaos was all around. Thousands of people were helped by him. The underground Dragon world leaped in bounds with thousands of refugees and students arriving.

The dragon world was smart. They knew this was going to happen. As you know they prepared for the future. Each person and family were given a

precious house to live in. Mind you it would be like today each person was given a mansion by today's standards.

These refugees thought that they were given the keys to heaven. They were provided with new clothes, shelter, and food.

Little Ricky the dragon helped in preparing the food for all the refugees and newcomers. Each day an incredible banquet would appear for the people.

There was so much love in the air. They were all treated with the highest respect and honor. They were treated with dignity. We need that so much in America today. The dragons didn't kick anyone out. Currently, in America, you could be living here for over forty years and be deported.

None of the people wanted to leave. There never seen so much harmony in their lives. The dragons and the locals were so kind. The golden rule was alive in this world.

Every action was driven by this rule. You see it truly didn't have to be forced upon me. Everyone who lived there experienced such unity.

Sima Qian, a historian at the time relates how a young Confucius went to visit Lao-Tzu. The story goes he asked a question about history.

This is Lao-Tzu's response.

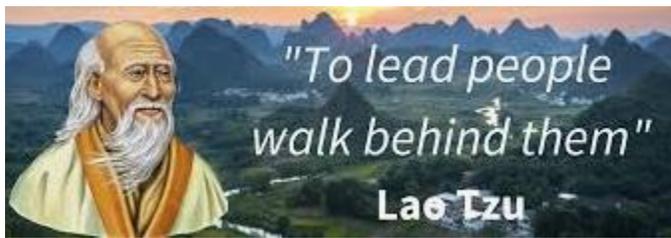
Those about whom you inquire have molded their bones into dust. Nothing but their words remain. When the hour of the great man has struck he rises to leadership,

but before his time has come he is hampered in all that he attempts. I have heard that the successful merchant carefully conceals his wealth, and acts as though he had nothing – that the great man, though abounding in achievements, is simple in his manners and appearance.

Get rid of your pride and your many ambitions, your affectation, and your extravagant aims. Your character gains nothing for all these. This is my advice to you.

The story goes that Confucius was so impressed by the old master. Confucius compared him to a great mythical dragon and took his advice to heart. Soon after this meeting Confucius joined the dragon world and found his true calling.

Lao-Tzu



One of the earliest students was Lao Tzu. He was truly a man of nature.

He spent a considerable amount of time with the dragons. Even at a young age, he was wise beyond his time. Even the dragons were amazed at his knowledge and wisdom.

At times it seemed that his wisdom was beyond theirs. Mind you these dragons were thousands of years old. Lao Tzu was only around ten years old. Needless to say, there was great friendship and understanding with each other. At that time China and Tibet couldn't understand the simplicity of Lao Tzu and the dragons.

Lao Tzu didn't care about politics and worldly affairs. He hardly ever went to cities. They were a complete distraction. Man wasn't open to wisdom or knowledge at this time.

So Lao Tzu spent a lot of time with the dragons and nature. You see Lao Tzu could see the unity of all life.

There is a story that when Lao Tzu was going to leave this world a small group approached high in the mountains. They begged for some insight and wisdom.

Today we have the Tao Te chings. One of the greatest books today. Lao Tzu went with some dragons and never returned. His wisdom is still alive today.

The Tao that can be told is not the eternal Tao.

The name that can be named is not the eternal name.

The nameless is the beginning of heaven and Earth.

The named is the mother of the ten thousand things.

Ever desireless, one can see the mystery.

Ever desiring, one sees the manifestations.

These two spring from the same source but differ in name; this appears as darkness.

Darkness within darkness.

The gate to all mystery.

The Tao means the path or the way. It is a universal principle that exists in the entire universe.

The creation of galaxies and man spring forth from the Tao. As the poem above says the Tao that is spoken is not the eternal Tao. Remember that speaking about a mango is not a mango. You must eat a mango to understand.

Lao-Tzu got much wisdom from studying with the dragons. As a boy, he was wise beyond belief. Many people thought that his wisdom came directly from the stars. Many people thought he was as wise as a Dragon. Now that's impressive.

These are the following main themes that Lao-Tzu presented to the world.

True wisdom does not come from books.

You can study all the great books in the world yet you will have bookish knowledge. Remember a book describing a mango is not the mango. You must eat a mango to understand. Day by day taking baby steps one develops intuition to understand the great Tao. It is a practical experience not merely reciting words.

The Dragons were experts in this field.

Two, dualities exist in the universe. There is push-pull energy that exists in the entire universe.

For every action, there is an opposite and equal reaction. There is darkness, there is light. There is life, there is death. There is hot, there is cold. There is peace, there is war. Everything has a duality.

Three, there is Humility. A wise man understands this. A wise man knows the more you know the more humble you get. The sun in the sky just shines. It doesn't have anything to prove.

The West thinks that they have all the answers and will try to prove it to you. Arrogance and the ego are not part of humility. All the great wise teachers were humble. The people and dragons in Shambala were humble. Humility is intertwined with the universe.

Fourth, is simplicity

Tis a gift to be simple, 'tis a gift to be free
'Tis a gift to come down where I ought to be
And when I am in the place just right
I will be in the valley of love and delight
When true simplicity is gained
To bow and to bend I will not be ashamed
To turn, to turn will be my delight
'Til by turning, turning, I come 'round right.

This is a song that everyone would sing in Shambala. To understand the universe you must be simple. A man whose mind is complicated will never see the light of day.

Jesus the Christ said the following words.

I tell you the truth, it is hard for a rich man to enter the kingdom of heaven. Again I tell you, it is easier for a camel to go through the eye of a needle than for a rich man to enter the kingdom of God.

We are living in a world that is extremely complicated. The youngsters hardly have an opportunity to kick back and relax.

Their parents have them perform so many after-school activities that they don't have time to think. If you mentioned a more simple life many people will glare you in the eye.

Fifth, give for only giving. If you give and expect to receive anything then it is not truly giving. You may get disappointed in the end. Give like a fruit tree. A fruit tree does not expect anything in return.

Its nature is giving. Likewise, the nature of the universe is giving. The wise man flows with the universe. His actions come from the universe. It requires no conscious thought or effort.

Sixth, Action within inaction. If you ever saw how we as humans are running on the treadwheel of life and never getting anywhere. We have governments that try to help but they are sinking in quicksand.

Everyone is trying to swim upstream. The wise man understands the laws of nature and lets the river glide him downstream. No effort is needed. It seems like today the more effort we take the greater the struggle is in life.

Most of the great masters of the past understood this key point. They knew the less one did the more one accomplished. There were in synch with the laws of the universe.

Meditation is the art to go inside and discover these practical laws. Everyone can be a Harry Potter. You are a true wizard.

Last but not least. Violence and conflict will never solve anything. It will not provide fruits on the tree of life. Violence and war are obsolete. Many times mankind has to go on the same merry-go-round.

Around and around we go. It's like a broken record. Around, around and around we go. War, war, and war. The only way out of this mess is to embrace the universe. The jewel lies inside your heart. It doesn't matter who you are and what you have done in life. You can change for the better.

You have free will. With your free will, you can use it to find your true nature.

Remember you are the universe. You just don't know it.

The Christ



There have been many rumors about the lost years of Christ. We hear stories from when he was young and then fast forward thirty years we hear about his mission.

Many people ask that question for thousands of years. The East has a particular soft spot for Christ.

Many of the following countries said that he came and spent some time learning about the sacred laws. Afghanistan, Pakistan, India, Tibet, and Egypt all have records and documents explaining Christ's coming and visiting for some time.

Christ heard about the dragon's world and was quite fascinated by it. He heard the dragons and man lived in harmony for thousands of years.

By now over two million people live there. It was the most sophisticated city known to man. Yet for the majority of people, it was a myth.

Some of the high Lamas in Tibet introduced Christ to Shamballa. It was in the Tibetan backyard. Yet it was so hidden you could never find the entrance if you weren't welcome.

You see still at that time there were gangs of robbers and thieves. It was the wild west(but it is the east).

When Christ entered the grand complex he couldn't believe what he saw. Dragons were flying in the sky and he saw a vast modern city. It would make any city today pale in comparison.

You see this world combined the spiritual path and the practical path. These were central cornerstones. Kindness and the golden rule existed all around.

Love, kindness, and compassion were in the air. It was so strong almost like magnetic energy. You couldn't help but not feel it.

Christ was overwhelmed. He saw a state of heaven on earth. He knew he was home. All of the dragons and men welcomed him like a brother.

They made him feel he was home. Many great banquets were held in his honor. Laughter and humor filled the air.

The dragon and man introduced him to the great mystery school. He spent 10 years studying and learning.

Mind you the dragon has been there for over five thousand years. They have an incredible amount of knowledge to share. This was the most evolved Mystery School in the land.

Imagine having a city of over two million and having no crime. No police force or military. No greed nor war.

Anger was gone thousands of years ago. You see the universe is not angry. Man is. The universe is kind. All the dragons and man knew to be aware moment by moment of the grand power of love. This love sustains the entire universe.

Everyone wanted to be there. Everyone expressed love in their unique way. You didn't have to look a certain way or have a particular lifestyle. All were accepted. All of man's negative ways were long ago forgotten.

You could pray and meditate in any way you liked. Each person and dragon had their particular ways. The tolerance of others was a wave of life. The golden rule existed in every molecule of life.

To be honest Christ didn't want to leave. He was truly home. Yet he knew he had a mission to bring these same concepts to mankind. The world needs love and compassion. The world needs to find the jewel inside.

During those years Christ grew in leaps and bounds. He looked at his state of awareness when he came and when he left. It was a difference between night and day.

Even the son of God grows every day. Christ knew that you can never stop learning. Even the universe is continuing to expand and grow. As you know Christ went back home to Israel and started his message. His main theme was the Kingdom of heaven lies within. The Romans weren't quite open to that message.

They were the rulers of the time. The Romans were quite ruthless and caused an incredible amount of violence throughout the land.

The ultimate punishment was putting an innocent man on the cross. These were the dark ages of man. Fast forward to today and it's still the dark ages.

Peace will come to this earth. The world should have been blown up by now. A new dawning has occurred. Man will discover his true nature.

Man will find the jewel within. Mark my words millions of people are waking up. The Sunrise is occurring in man.

Christ's message will never die. It is eternal. There is so much hope. Remember that the city of Shambala is still alive. You can solve this great mystery by looking inside.

Let's Have Fun



Boy did the dragons and man know how to have fun. They had a stadium that could seat an entire population of two million. They had all sorts of events going on. Everything from musical concerts, poetry reading, group meditations and so much more. Everyone loved coming to the stadium. Each week something new occurred. With a city of two million, you could never get bored.

People ultimately came from all around the world. Everyone would love to see such diversity. The music scene was unreal. There were hundreds of varieties of music. You see music comes from the universe and each person has a unique way to express it.

The children would love to go to the parks around town. Each child would point towards the sky and create a rainbow. Each rainbow has a certain melody that was played.

So imagine a hundred children creating an orchestra in the sky. Bach and Betowveen would have been proud.

The adults would love to gather in the park every morning and do Tai Chi and Chi Gong. Imagine this practice is still done in China today. Every adult was an incredible master. Any one of them could lead the class. They learned when they hardly knew how to walk.

Grace and percussion lead the way. The dragons gave the youngsters incredible roller coaster rides. Imagine a roller coaster that was alive and screaming and laughing with you while you were on your ride. After the ride, the youngsters would bow to the dragons with delight. You see it was a once-in-a-lifetime experience. This was their initiation into the oneness between man and dragons. It was quite the initiation.

The Youngsters knew how to treasure the inner and out worlds at a young age. The poetry reading was a hit for all age levels. People would gather at the café drinking their teas and party into the night. They were enamored by the spoken and unspoken words. The poet knew how to truly communicate.

Of course, the youngsters loved the storytellers. Every Friday night all across the city stories was told in public places. Imagine hearing stories that have been told for thousands of years. Every week a new story could be told. Something incredible was always going on.

The youngsters never grew tired of hearing about their ancestry and ancient stories. These storytelling sessions were like watching TV. The kids would close their eyes and incredible visions would appear to them. It was they were a part of the story being told. It's hard to describe but they went back in time and witnessed the story taking place.

All of this wisdom was captured inside. You see each dragon and man knew how to tap into the DNA of life. Imagine the entire encyclopedia of the universe was stored in your DNA. A part of your DNA is quantum. In our world today we don't have an instrument to detect it yet. But we will. These are the building blocks of the universe.

Everyone loved to learn about science. In the west, we have learned to disconnect from it. Only a few people in our present-day world are interested. Back then they didn't have science deniers. Each person realized that the laboratory existed inside of them The universe was open and willing to hand out her secrets.

No matter what your age you were extremely inquisitive about life.

The food scene was quite unreal. Today you go to a restaurant and enjoy a fine meal. Yet behind the scenes, chaos is happening. Anger and frustration from the many cooks are going into the food. Disharmony is everywhere. Profits are to be made. The quality of ingredients can be marginal.

The dragon would not believe watching Top chief. If you ever stop and watch it's quite a different world from theirs. The dish may look good but it's plastic in comparison compared to the dragon's world.

You see in the dragon's world love, kindness and compassion is the main ingredient. Without that, your dish is not worth serving. You may have the best ingredients in the world but without love and kindness, your dish is not worth eating.

The dragon's world was a thousand times more advanced in the makeup of energy throughout the universe.

Anger and frustration are harmful to the human body. The disease occurs when the human body is not balanced between the body, mind, and soul. We have so much to learn today.

At the dragon world restaurant, the cooks and chefs knew this. They knew all about food alchemy. It came from their DNA. Each dish was served from their DNA knowledge. A family would walk in and each chief knew exactly what combinations of ingredients to make a meal for each member at the table.

Imagine the cooks and chefs having a merry old good time. Singing, laughter, and humor were in the air. They cooked their meal as if the Lord himself was going to dine there. In their eyes that it was, they saw.

Everyone was having a grand time. Celebrations were in the air. Each restaurant had a different flair to it. You could never get bored.

Every day was a celebration of life. Everyone looks forward to when new refugees come. They wanted to bestow upon them the blessings of life. Many of them had to escape for their lives. War is a tragedy and can mark scars for life.

Every refugee was bestowed with kindness. To be a matter of fact it didn't take too long for their worst memories to go away. Each newcomer was treated with the utmost respect. Not like America is today.

Politics



Can you imagine if one person or Dragon would see our world today? Remember in the dragon world's city of Shambala there was no crime. Consequently, there were no policemen. Thad had no wars. So billions of dollars didn't go for the defense. People were kind and respected

one another. The golden rule was practiced by all. It was a part of their nature just like breathing. It was a part of their life.

The Dragons and Man were in synch with the laws of the universe. You could see they were one.

Harmony existed in their world. Tolerance for all regardless of where you come from.

Granted this took time. Baby steps were taken. Two steps forward, one step backward. This is how we learn. Every step of the way we can learn something.

Well fast forward to today. We have a President who tweets at three in the morning talking about my button is bigger than your button. Mind you, kids, out there he is talking about the red button when pushed upon would send nuclear warheads to North Korea. He is mocking the dictator of North Korea.

Now both the President and the dictator are bullies. They are a thousand times worse than any bullies on the playground. They could ignite a true nuclear war.

The President wants to build a wall between the US and Mexico. Do you know what the citizens did in Shambala? They would have built bridges for all the refugees who got displaced by wars. They weren't physical bridges but an opening of the hearts toward their fellow man.

The citizens of Shambala would be shocked to see the mass deportation of their fellow man. Today some citizens have lived in this country and are deported.

Common sense is uncommon. Imagine in the Northern Scandinavia countries prisons are closing. The prisoners are taught a trade. Dignity and respect are

given. Kindness is the norm. With this in mind, the prisoner system changes for the good. People are getting second chances.

Well in good old America the prisons are now for-profit corporations. This means they don't want prisoners to change for the better. The more prisoners are in prisons the more money they can make.

When it comes to the movies the big hits are violent movies and horror movies. We are conditioned to believe this is entertainment. We think violence and horror are a part of our DNA. It's not. We think the kindness is for the week. Yet kindness is the most powerful force in the universe.

I'm talking to the youngsters out there. You can have a far better world than we have now. Be kind to yourself and others. If you do this day in and day out this world will change. You are a piece of the puzzle. Take baby steps.

You see the world we presently live in goes in circles. History repeats itself. Countless wars have been fought and they never solved anything. Billions of dollars go into profits for companies that build weapons.

We should be able to feed the entire world. The US should embrace the refugees just like Shamballa did. Built a city for refugees somewhere in the states. Allow any refugees from war-torn nations to come and live there. Educate them. Train them. Give them decent food and shelter. Most of all are kind. Practice the golden rule.

Live the great principles of your spiritual teachers. Christ would be shocked if he saw the conservative Christians supporting the President today. The country and world are being divided. The President is doing this on purpose. He will degrade anyone who disagrees. He will mock anyone regardless of who they are.

I remember he mocked a reporter who has a disability and the President mocked him on national TV. If that was the previous President he would have been voted out of office.

Many high-power people have resigned lately due to sexual exploitation. Why doesn't the President get securitized?

The President will never back down and apologize. With all this in mind, the Republicans and Christians still support him.

The political system is broken. Politics is all about compromise. Both parties can't stand one another. Both have such extreme animosity towards each other. Laws are passed and the other party has no say so or can particulate.

We as a nation need to wake up. We can change. Each one of us is a piece of the puzzle. Only kindness can help us. We are living a life that is backward and barbaric. We need to reclaim the virtues of nature again.

You see man is out of synch with nature. The whales and dolphins can navigate using their sonar. It's built-in. We have internal sonar within that has never been turned on. Consequently, we are not in balance.

In Shambala, the people learned how to be in tune with the universe. Consequently, all the darkness disappeared.

Man needs to discover his true nature. Only light can dispel darkness. Nothing else can.

There is a new dawn occurring to man. Man is waking up from his slumber. The sun is rising. Hopefully, the children listening will take this to heart.

Good Night- Sweet Dreams



So the end of our story is near. You see the cave is still there but no one is living there. The entire city disappeared into the night. Not a scratch of evidence appears that the huge city even existed. The Dragons and Man became the universe.

When you look at the stars at night you see them twinkling and waving to you. They are saying you are stardust. You are eternal. You are kind.

If you want to see this incredible world it exists inside of you. You have the key to open the door inside of you. The door has always been there.

If each one of you did this peace will be on earth. The dragons are still alive. They exist in your heart.

Remember you are never alone. At times it may seem like it but in reality, you are never alone.

Sweet dreams my friend. May you find your true home.