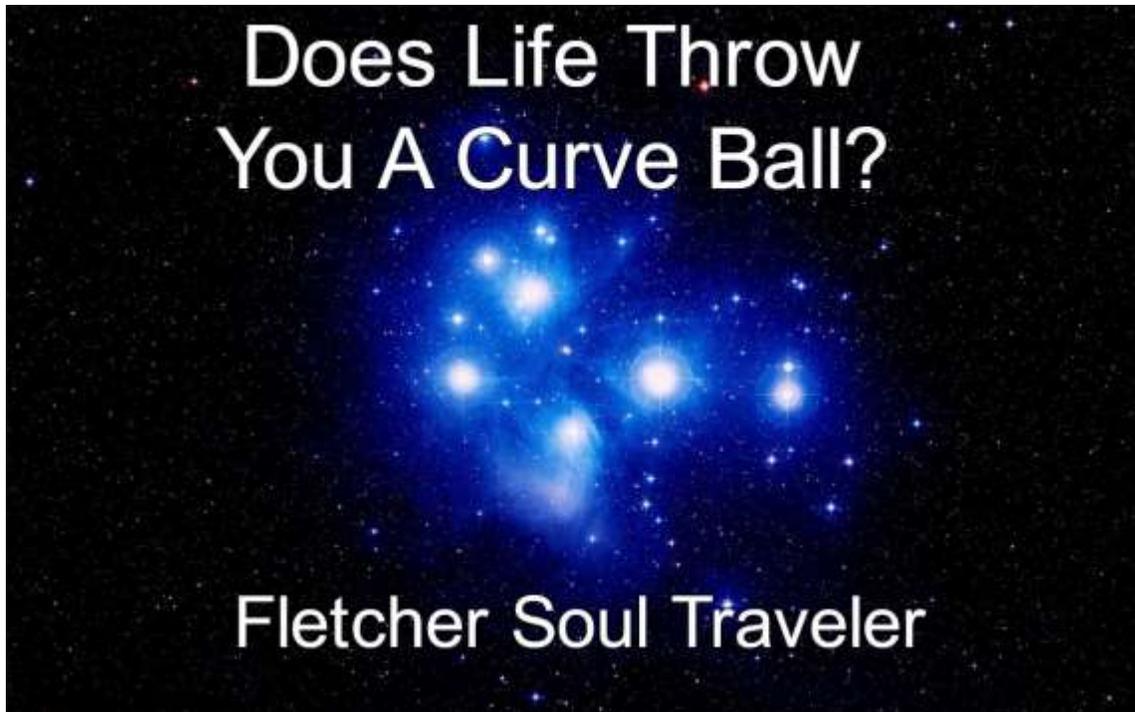


Does Life Throw You A Curve Ball?

2017+



I hope that you stop and reflect on these poems. They are meant to ponder over and to ask yourself some basic questions about life. I sincerely hope that they will trigger a longing inside to search for the diamond that exists inside of you.

I wish to offer my humble gratitude to my brother John. John did all the music for this CD I believe that poetry and music together can enhance the poetic experience. It adds an extra layer of emotion. Unfortunately, in America, poetry has taken a back seat in our culture. Let's bring back the power of the spoken word.

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## Behind A Challenge Is A Solution

Behind a challenge is a solution.

Whatever challenges you face see that there is a solution.

Look at the positive.

A solution will solve the challenge.

If you look at challenges this way they were much easier to deal with.

You know in your mind's eye there is a solution.

This makes the journey easier.

It's like driving a nice car on the journey.

The road may be bumpy at times but the ride is comfortable.

When you see life as only a challenge without a solution you are driving a beat-up car.

The car will break down during the journey and you will still be facing the challenge.

This makes the journey much harder.

This journey is practical.

Learn the tricks of the trade.

Think this over.

Am I spinning my wheels when I have challenges in my life?

## Christ And Politics

If Christ was alive today would he have voted for our president?

Would he have voted for someone who declares I could murder someone on the street and they would still vote for me?

How about mocking someone who was born with defects?

Would Christ vote for someone who would build a wall between nations?

Christ wanted man to build bridges, not walls.

Christ would say take care of the refugees, the needy, and the poor.

There is a bill to stop all Syrians from entering our country.

It takes two years of serious vetting to enter the country.

Yet our President says no vetting occurs.

Christ believes in speaking the truth.

He had the highest of ethics and values.

The present administration believes in alternate truth.

Just think the majority of America is Christian.

We voted for this man.

Do you think Christ would have voted for him?

I sincerely doubt that.

## Fireworks In The Sky

We all love watching fireworks in the sky.

We love the lights and sounds bursting in the sky.

Every one of us loves the grand finale.

Thousands of fireworks are bursting all at once.

We go home and wait for another year.

The great masters have taught that fireworks are always going off within you.

Yet we never know this.

The greatest display is going on every moment you are alive.

So many of us are bored to death not knowing a great celebration is keeping us  
alive.

You are never alone.

You are the universe.

Ponder these words.

What is keeping you alive?

## Give Up

Many people think that this path is boring.

Oh, I have to give up my lifestyle.

No, you don't.

To see God, you must be poor.

Nope.

Keep your money.

I don't want to be celibate.

You don't have to.

I don't want to be a monk.

You don't have to.

Be yourself.

Yet here are a few things to give up.

Give up your anger.

Give up your intolerance.

Give up your lack of patience.

Give up your evil ways.

Give up all your negative emotions.

Each one of you has things to give up.

You and the world will be in a happier place when you do this.

## Happiness Lies Inside

All the great masters have said that happiness lies inside.

It's not a joke.

It really does.

The proof is in the pudding.

Try it and you will like it.

People try it and they like it.

It needs no convincing.

It needs no converting.

Ponder over these words.

Happiness lies inside.

## If We Are Immortal

If we are immortal where have we been?

Many people say we have only one chance on earth.

You come and you go and that's it.

End of discussion.

Yet if we are truly immortal it means we are never created nor destroyed.

Our bodies will die.

It will go back to the earth.

Yet our soul is timeless.

Can you imagine you existed before the earth was created?

You existed before the universe was created.

What were you doing?

Now that is a good question.

Ponder over the meaning of these words.

Put down your cell phone and contemplate it.

## Indigenous People

One of my pet peeves is how we as Westerners think about indigenous people.

We tend to think we are so superior.

Yet let's take our calendar.

Augustus wanted more power than Julio so he created an extra day.

Our calendar is more of a political calendar.

The Mayans created a series of calendars that represented the universe.

In fact, one of their calendars ended in 2012.

This was after a 24,000-year cycle.

Many people thought this was the end time.

The Mayans simply smiled and said turn the page.

A New Year has begun.

Their calendars are incredibly accurate.

Where did they get this knowledge?

There didn't have computers or telescopes during those days.

Just think during our dark ages we thought the world was flat.

There were mapping the universe.

Who is truly the smart one?

Ponder over the meaning of these words.

## Love Over Anger

The most difficult thing in life is the following.

Love over anger.

It's so easy to be angry.

It's so easy to blow up.

Yet to be in the eye of a hurricane is most difficult.

To have loved over anger is probably one of the most difficult things to do.

Yet all the great masters have taught this.

At this moment America is consumed by the fire of anger.

We need to calm down and dissolve the fire within.

We can do it.

This message needs to get out there.

We need a wake-up call.

Our nation needs to be more mature towards each other.

Remember we are human beings.

## Present Day Affairs

What is going on in our present-day affairs?

The world is going mad.

In less than a week the carpet has been pulled all around us.

Anger exists on both sides of the aisle.

The Facebook post is in flames.

We need to calm down and focus.

When a person spews anger he is lost.

You can't think properly.

Maybe this is why the President taunts the news.

He is spinning his truth.

Maybe it's time to go inside and ponder.

We as a people don't have to stoop to his level.

Remember the Christ said the following.

But I tell you not to resist an evil person. If someone slaps you on your right cheek,  
turn to him the other also.

We need to revisit our spiritual values.

As a nation, we need to see the unity of each other.

It's so easy to flare up.

We need to see God in each other.

## The Book Of Life

What if the book of life is not a book?

You can read all the great books but what is your experience?

You may spout the words but is your heart full of experience?

Are you kind when you are trying to convince someone?

Does it need convincing?

Do you feel superior to one another?

My religion is better than yours.

You are going to hell.

We must learn to be tolerant of one another.

There is a thread of love tying us all together.

Each religion is different and unique.

Yet the thread binds us together.

We all believe in God.

Look within your heart to discover the thread of love.

## The Shepherd

These are exciting times for mankind.

We are waking up from our slumber.

Mankind is slowly realizing that we are shepherds in life.

A shepherd guides the sheep to safe grounds.

We are guiding ourselves to safer grounds.

This is a conscious decision that we make.

Day by day we dig for the diamond within.

The owner of the mine doesn't dig for us.

He has sent a great master who has said the kingdom of heaven lies within.

Only you can lead yourself to God.

You have all the answers inside of you.

Ponder these words.

You are a shepherd.

## We Are All Actors In Life

We are all actors in life.

We come into this world and we play our parts.

There is drama.

There is humor.

There is war.

There is love.

We all know how to play our parts well.

We don't need a voice coach or acting coach.

We know how to play our part well.

When we die we get a standing ovation from the universe.

It doesn't matter if you are a saint or a sinner.

You played your part to the fullest.

On the other side, all the actors are having a grand party.

Ponder the meaning of these words.